



INTERNATIONAL
TRAUMA STUDIES
PROGRAM

1st International Congress on Trauma Prevention Studies

“From Darkness to Hope: Healing from Trauma in a World Facing Violence and Poverty”

January 9–11, 2026

Istanbul, Turkey



Conference / Panel

Speaker: Spec. Psych. Armağan Meşhur

Presentation Title: From Desk to Field in Disaster Management: The Journey of Recovery through Coordination and Response

Brief Information About the Civil Society Organization You Represent

*(NGO name, purpose,
mission, and contact
information)*

World Human Relief

World Human Relief is an organization that implements humanitarian and psychosocial projects in Turkey and regions of the world in need, aiming to empower individuals and communities affected by disasters and social events that negatively impact human life, without discrimination based on gender, religion, class, or political views.

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Armağan Meşhur

Armağan Meşhur graduated from Uludağ University, Department of Psychology and completed the Master's Program in Trauma and Disaster Studies in Applied Mental Health at Istanbul Bilgi University with a thesis titled "Examining Situations That Re-traumatize Individuals Directly Experiencing the February 6, 2023, Turkey Earthquakes."

Brief Biography of the Speaker

(Academic/professional background and relevant experience)

She has field experience in psychosocial support teams during the 2021 forest fires and the Kastamonu/Bozkurt flood disaster, and served in the coordination unit and on-site in Kahramanmaraş during the February 6, 2023, Turkey earthquakes.

She also participated in educational projects on-site, including the Ağrı/Mutlu Village School Project (2021) and the Bitlis/Yolalan Village School Project (2023).

Between 2022 and 2025, she contributed to the International Trauma Studies Certificate Program as program secretary, program assistant, and program coordinator, respectively. Since 2022, she has continued to serve as the World Human Relief representative at the Disaster Platform (Afet Platformu).



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Bahcesehir University

